

## PLAZA DAMAS

Dear Members & Guests,

Kindly to take note on below schedule :

**18th June 2018 (MONDAY)**

**OPERATION HOUR : 09.00am – 08.00pm**

### HARI RAYA AIDILFITRI REPLACEMENT SCHEDULE

09.00am – 10.00am	Hatha Alignment (I) by Belinda
10.15am – 11.30am	Hatha Alignment (I-A) (75mins) by Belinda
11.45am – 12.45pm	Hatha (E) by Mr. Gan
01.15pm – 02.30pm	Vinyasa Flow (I-A) (75mins) by Mr. Gan
02.00pm – 03.00pm	Hatha (E) by iRyne
03.15pm – 04.30pm	Vinyasa Flow (I-A) (75mins) by iRyne
06.00pm – 07.00pm	Body Sculpt by Denisa
06.30pm – 07.30pm	Hot Flow (I) by Apple

